

WHITETAIL BOWMEN ARCHERY CLUB

WEBSITE: WHITETAILBOWMEN.COM

FACEBOOK: [WHITETAIL BOWMEN ARCHERY CLUB](https://www.facebook.com/WHITETAILBOWMENARCHERYCLUB)

2018 BOARD MEMBERS

President: Kurt Smith

380-1211

Vice President: Jim O'Connell

290-1972

Secretary: Steve Rudebusch

715-5572

Treasurer: Chad Weber

380-0578

Marie Rudebusch (Targets and
Publicity) 715-5573

Jim Zirbel

(Grounds/Maintenance

377-3271

Chris Beusch (Concessions)

290-1798

Tom Fritz (Clubhouse and

Bathrooms) 290-5314

Mark Lemmon (Tournaments

and Trophies) 824-0782

Upcoming Events

Youth League Banquet: April 3rd

Outdoor Range Cleanup: April
21st

Tournament of Roses: outdoor
3D shoot: June 9th, 10th



March 2018

LETTER FROM THE PRESIDENT

Hello to all members. The long winter is just about to an end and it's time to start thinking about shooting at the outdoor range again. Each year we designate a day to go to the outdoor range and do spring cleanup. This year we are scheduled to do just that on April 21st. It's important that we get as many members as we can out to help. On that day we clean up the practice range, walk the lanes and clean up all the branches and debris that came down this winter. Look for trees that may cause a danger, clean the club house and bathrooms. We try to get the bridges in before that date if weather permits. If we get a chance to put the bridges in, we will post the date and time on Facebook. We need as many able bodies as possible to do this task. It is physically demanding and many hands make short work of a tough project. Thanks to all the members for helping out. Let's keep the sport of archery alive and well!!

Kurt Smith



Kurt and Georgia

Robin Hoods



Aspen Kline



Joran Foss



Brady Johnson



Andrew Weber

New door and lock installed at the indoor range.

The new door and lock has been installed at the range. To open the door, use the three digit code along with the # key. All indoor range leagues will be done by the end of March. So the indoor range will be available for open shooting every day.

WOMEN'S WINTER LEAGUE LADIES NIGHT OUT



ON MARCH 2ND THE LADIES LEAGUE MET FOR A NIGHT OF DINING AND FUN. THEY HAD A GREAT TIME SHOOTING AND DINING TOGETHER.

YOUTH ARCHERY LEAGUE BY AUBREY O'CONNELL

Youth Archery Awards Banquet: The banquet will be Tuesday, April 3rd @ 6 pm. Location: Primrose Gym-815 N 2nd St, Aberdeen. We need families to sign up to bring beverages or desserts & to let us know how many from each family plan on attending. Sign up forms are on the counter at the indoor range. Thank you!

March Indoor 3D shoot a lot of fun!

61 archers on Saturday and 41 on Sunday came to the indoor range on March. 17th and 18th to try their skill at shooting 31 different 3-D targets. Thanks to all the members that brought goodies for concessions. The food was great and I'm sure no one went home hungry. Also a big thanks to all the members that helped with set up and tear down. You make it possible for all of us to enjoy the great sport of archery. Congratulations to Melissa Shultz for winning the floating ping pong ball shoot on Saturday and to Tom Fritz winner on Sunday.



New Vice President Appointed

Due to the resignation of the current vice president, Jim O'Connell has been appointed as temporary vice president. He will serve on the board until the Annual Meeting in September when the position will be filled by majority vote. Please welcome him aboard!

Feel Free to email us at: whitetailbowmenarchery@gmail.com

Donation made by Nick Simon of Groton Ford



Mark Lemmon accepting the check
from Nick Simon

Mark Lemmon got the privilege to meet with Nick Simon, the owner of Groton Ford, on March 8th as he presented the Whitetail Bowmen club with a very generous check. He did so because of the clubs ongoing work with youth in the area. He loves the fact that these kids aren't home on the couch playing video games or spending all their time on their pads and phones and out learning one of life's skills. Thank you Nick for all you do for our club we greatly appreciate it.

Donation Made by Honorary Member

Honorary Member Dennis Howell of Sioux Falls recently made a very generous donation to the club. We appreciate all the support we get from our members and businesses to keep our programs running and maintaining both the indoor and outdoor ranges. THANK YOU DENNIS!

Archery Tip of the Month Maintaining your Archery Equipment

A compound bow is an important investment for any hunter or target shooter, and you'll want to protect that investment with regular care and equipment inspection. Regular care of your bow and arrows will ensure your equipment functions correctly when the moment of truth, namely that big buck, steps out in front of you. But it's even more important to remember that *bows are under a great deal of pressure at all times*. Any failure of your equipment due to neglect could result in serious injury. Needless to say, it pays to take care of your bow. Here are some important tips from Lance Vinning at 1800Gear.com.

Strings

Bow strings require regular attention throughout the year. First you'll want to wax the strings and serving at least once a month when the bow is not in use. However when you begin to use the bow a lot in situations like competition or hunting season, the strings should be waxed weekly. Take note of the weather you're using the bow in as well. If the bow is exposed to harsh weather, you'll want to ensure the strings and serving is properly waxed after each exposure.

String inspection is just as important as waxing. Before you're planning to use a bow, you should thoroughly inspect the bow strings and cables for signs of wear or fraying. Bow strings should be replaced every year or so due to normal wear and tear, but the strings should be replaced immediately if they appear worn or frayed.

Bow Limbs

Inspection doesn't stop with the bow strings and cable, you'll also want to regularly examine the limbs of the bow. Most compound bow limbs are laminated, and these limbs are prone to delaminate (or become divided into layers) when exposed to heat. Delaminated limbs are much more likely to fail when used, and the bow should not be used if this damage appears. To avoid delamination, it's important to store your bow properly. It should never be left in a hot vehicle for an extended period of time. You can use a cotton ball to quickly rub over the sides of the bow to check for this type of damage. Every bow element should be regularly inspected from the limbs to the frame to the bolts and screws.

Frame

Similar to the bow limbs, the frame itself should be inspected for any cracks, twists or bulges. You should do this every time before you plan to shoot the bow. If any of these signs of damage appear, take the bow to a professional for evaluation (and repair if applicable) before ever shooting the bow again.

Screws And Bolts

Pay attention to the screws and bolts of the bow before you use it. The screws and bolts should be tight, and you'll want to inspect them for corrosion damage before taking the bow out. To prevent corrosion and rust, it's best to keep the screws and bolts clean after use and lightly oiled.

Cams

The cams should be cared for similar to screws and bolts. Keep them clean and lightly oiled to prevent rust and corrosion.

Accessories

All the accessories mounted to the bow should be examined to ensure they're mounted properly and functioning like they should. This includes accessories like the bow sight, rest, quiver, etc.

Arrows

Once you've cared for the different aspects of the bow, you'll want to turn your attention to your arrows. Arrows need to be replaced over time, and before using one, you should examine it for any cracks or splits. This can be done with the cotton ball method mentioned above, or you can do a simple flex test with the arrow in your hand. If you hear any sounds of cracking during the flex test or see any damage like cracking, splitting or delamination, then you should dispose of the arrow right away. Don't forget to check the nock of each arrow for damage like splits or cracks. Any damaged nock should be replaced before the arrow is used again.

Always use the proper arrow for your bow setup. Arrows should be selected based upon your draw weight and draw length, and the spine should match this. Improperly spined arrows will not only affect your shot, they can also fail upon release and create a hazard for the shooter by breaking apart. This can create a very dangerous situation that is similar to dry firing a bow, which we'll cover next.

Dry Fire

Never dry fire your bow. A dry fire is releasing your bow without an arrow, and compound bows are specifically designed to transfer energy to an arrow. If the arrow is removed, the bow will absorb all the energy and immediately fail. This is very dangerous and can result in damage to the bow as well as possible injury to the operator. Even with just one dry fire, it is common for strings, cables and limbs to break sending pieces of the bow flying. But beware, sometimes dry fires result in just a broken string or even no apparent breaks or failures. However, this doesn't always mean you got off lucky. It is risky to fire your bow after a dry fire (accidental or on purpose), and the wise course of action is to take it to a professional before you ever fire it again. Dry fires can happen accidentally as well, and it pays to always take your time notching and releasing an arrow, even in the heat of the moment.

Choose Properly Tuned Equipment

Similar to using a proper arrow for your setup, make sure you only use a bow properly adjusted for your draw length and draw weight. This will ensure the bow behaves properly as you shoot it.

Wild Game Recipe of the Month Wild Game Nacho Chili Bowl

A quick and too easy crockpot venison recipe perfect for game day, Cinco de Mayo or any time you're in the mood for the heat and crunch of this field to fork style Mexican classic.

Serves: 8 appetizer size servings
Prep time: 30 mins.
Cook time: 2 hours 30 mins
Total time: 3 hours

Ingredients

- 2T dried onions
- 1T olive oil
- 2 lbs. ground venison
- 2 cans black beans
- 1 can of diced tomatoes
- 24 oz. of your favorite salsa verde
- 2 pinches of salt
- 1 pinch of red pepper flakes (optional)
- tortilla chips
- sour cream
- shredded Mexican blend cheese
- avocado
- jalapeños

Directions

On medium high heat add olive oil to pan. Once hot add ground venison, onions and a pinch of salt. Let venison cook until brown. Drain and rinse the cans of black beans and pour into a crockpot set on low. Add tomatoes and salsa. (I used one 16 oz. jar of Pace Garlic & Lime Verde and 8 oz. of La Victoria Thick 'n Chunky Salsa Verde, medium heat.) If you want a little more kick, add red pepper flakes. Once the venison is browned pour into the crockpot. Finish by adding the last pinch of salt, stir and leave on low for a couple of hours and until ready to serve. Scoop into bowls filled with tortilla chips and top with Mexican cheese, avocado, jalapeños and sour cream (or plain Greek yogurt).